

Toggenburg Candidate Packs,
issued December 16, 2018

Four triangular bandages, folded as cravats (two regular, two maxi-sized)

CPR masks should already be in the possession of candidates

Berman airways (60 mm, 80 mm, and 100 mm)

Assorted sterile compresses: 12 in. x 30 in. multi-trauma dressing; emergency pressure dressing; 5 in. x 9 in. combine ABD pad; three 4 in. x 3 in. Telfa non-adhering dressings; two 5-pack sterile 4 x 4 in. gauze pads

One each Kling (self-adhering roller) bandage: 2 in., 3 in., 4 in., each clean-wrapped

One roll each of 1/2 in., 1 in., and 2 in. silk cloth tape

Paramedic shears (green or orange-handled)

Eight band-aid strips: four each 3/4 in. and 1 in., flex fabric

Zip-loc resealable plastic bags, sandwich and snack size, holding various items

Two safety pins

Several clean tongue depressors

Two pairs of large nitrile disposable gloves (carry the second pair in parka pocket)

Penlight

Butane lighter

Folding pocket knife

Small notebook and marker pen

24-gram tube of glucose

60 in. red webbing strap with stainless steel pushbutton buckle

36 in. nylon parachute cord with 4 in. wood dowel (for traction)

Six 11-inch black nylon cable ties

Toggenburg trail map